

# Recommended Daily Yoga Poses - Surf Skate Fitness



fig. 1



fig. 2



fig. 1



fig. 2



fig. 1

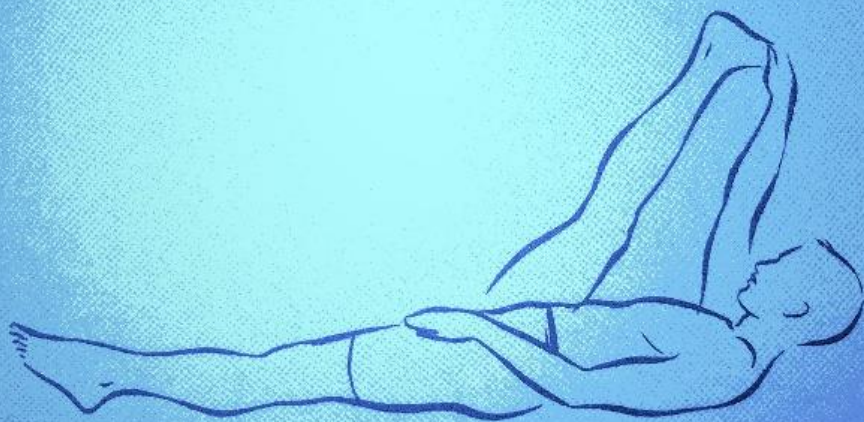


fig. 2



fig. 1



fig. 2

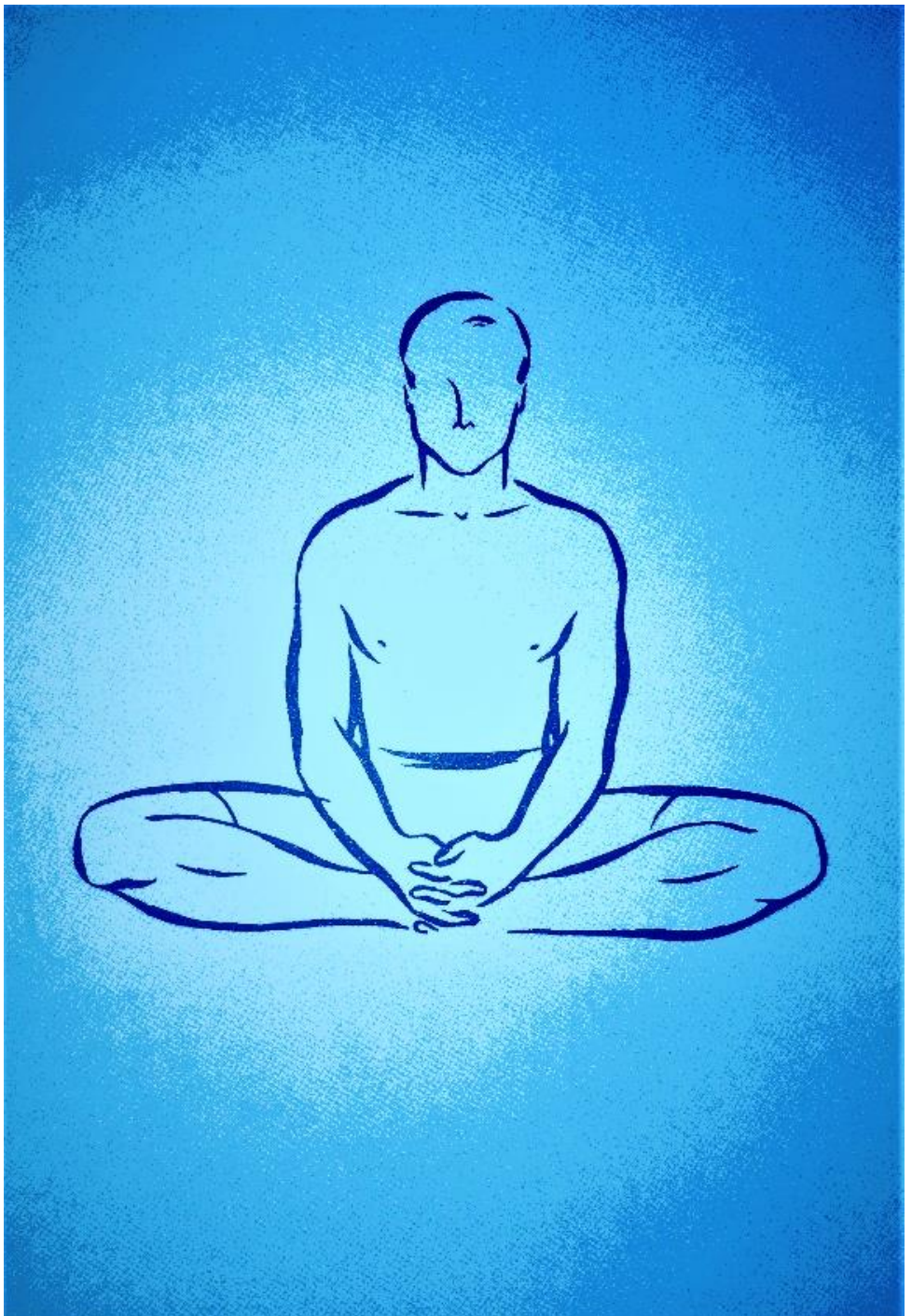
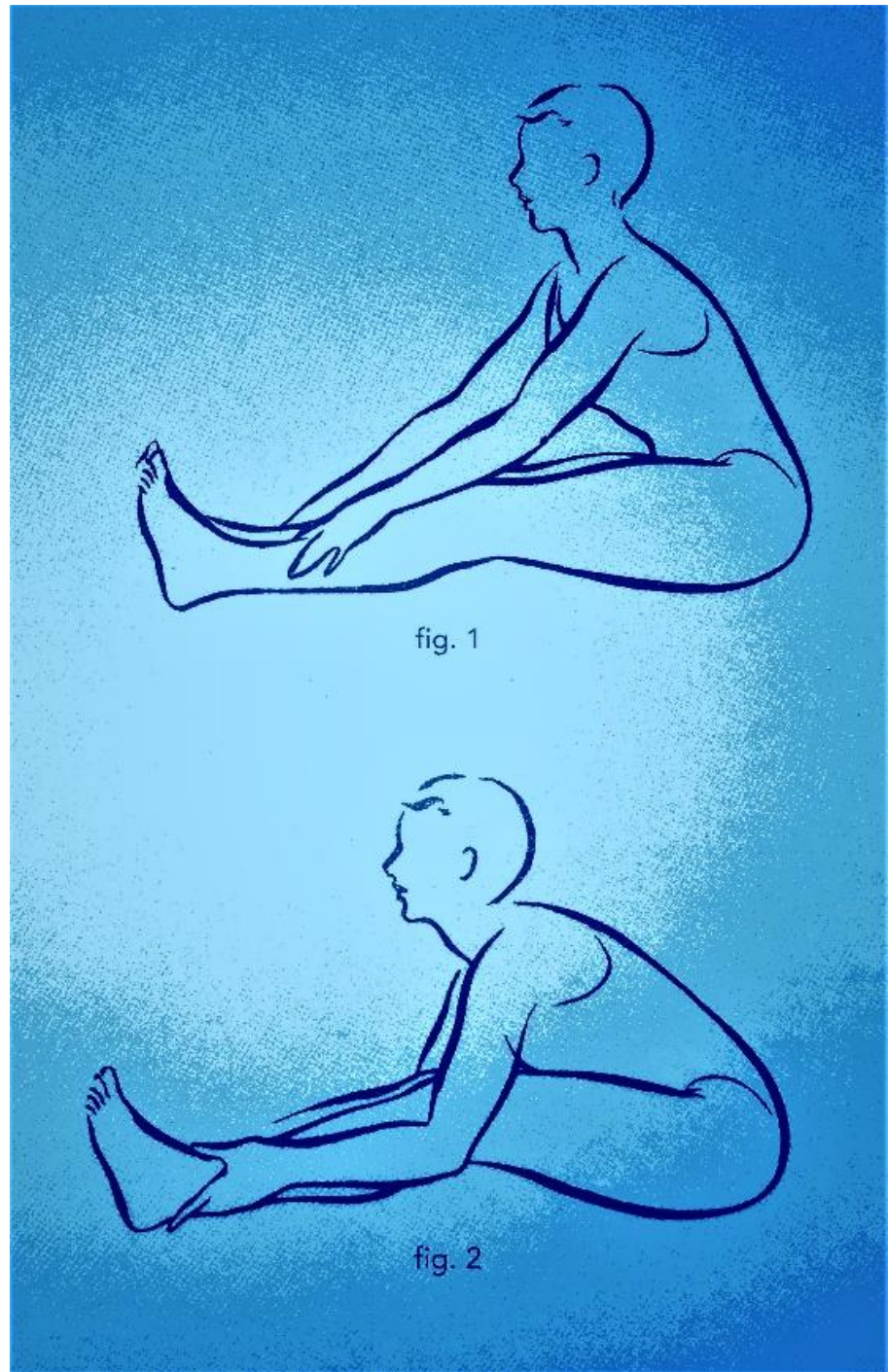
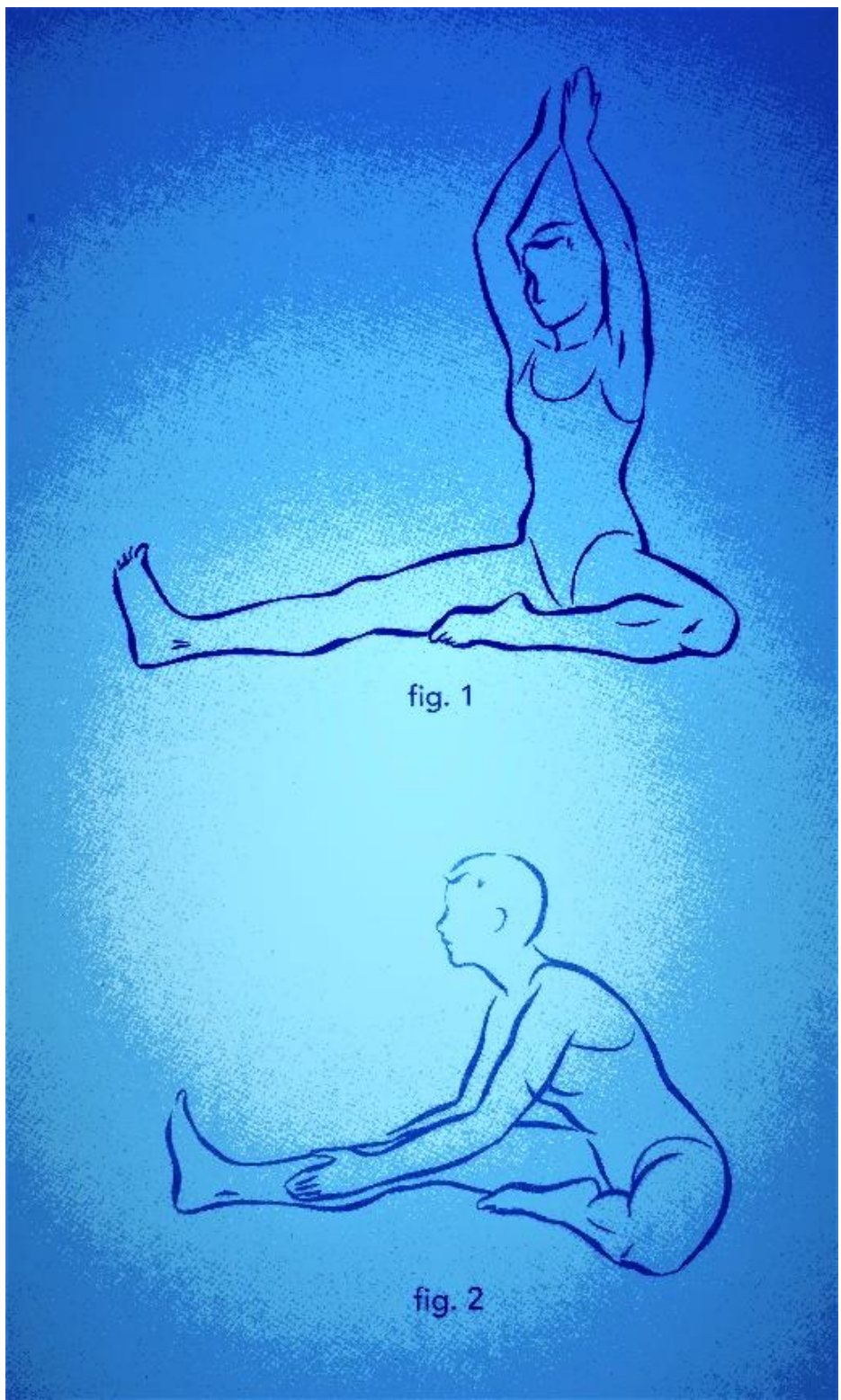
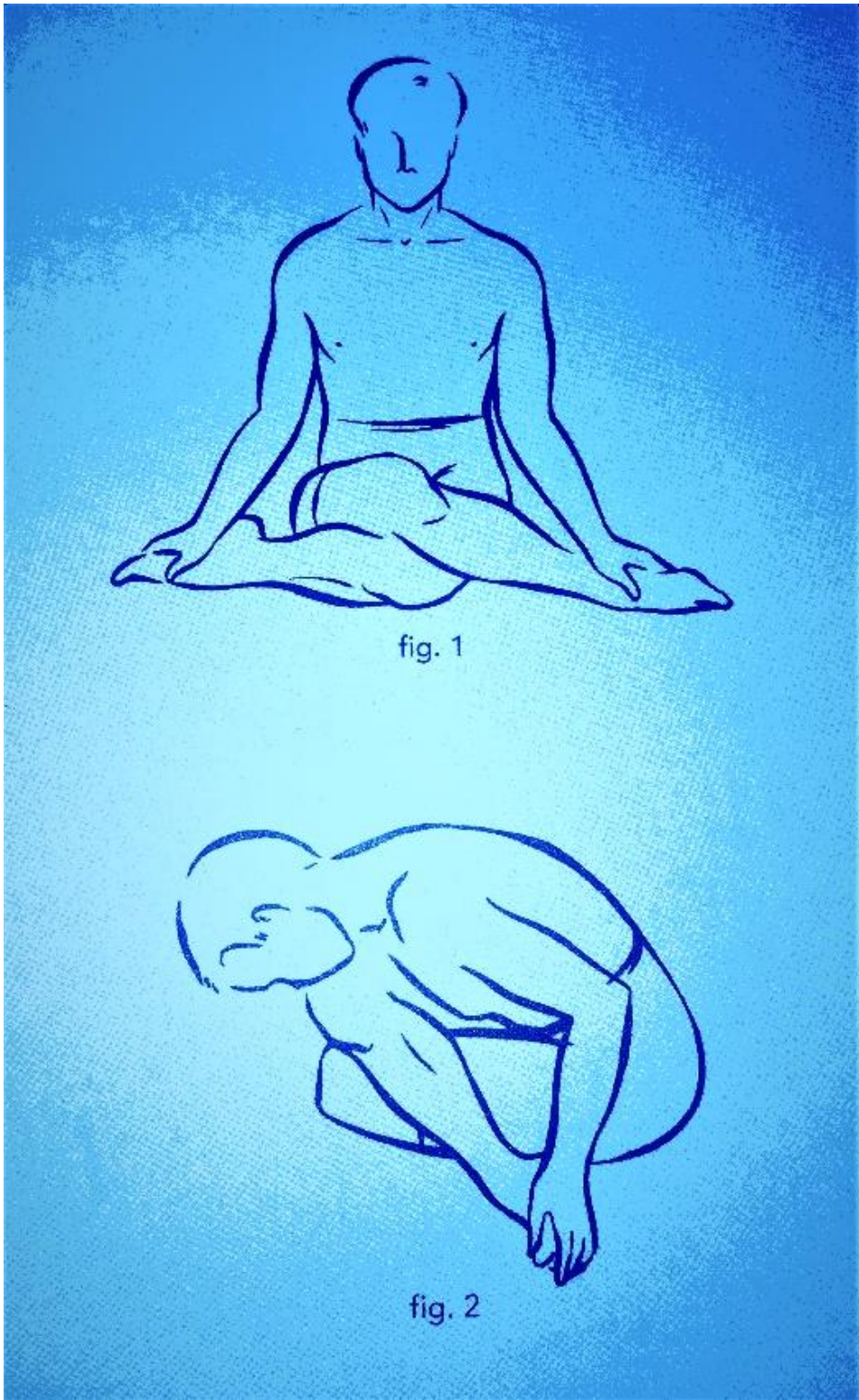




fig. 1

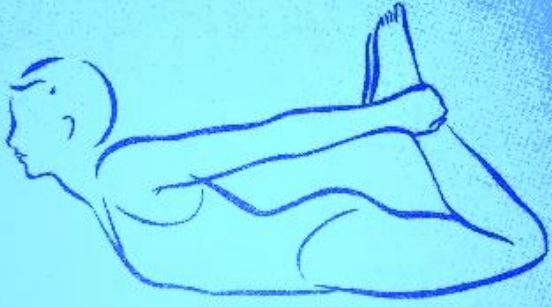


fig. 2

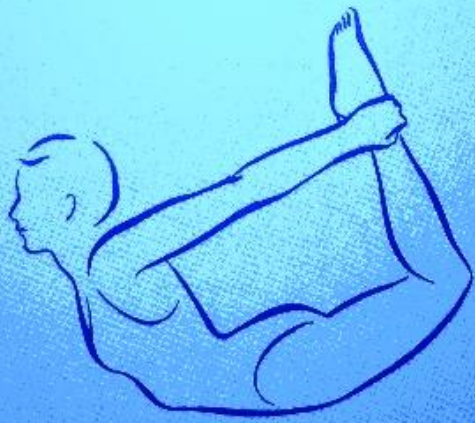


fig. 3



fig. 1



fig. 2



fig. 1



fig. 2

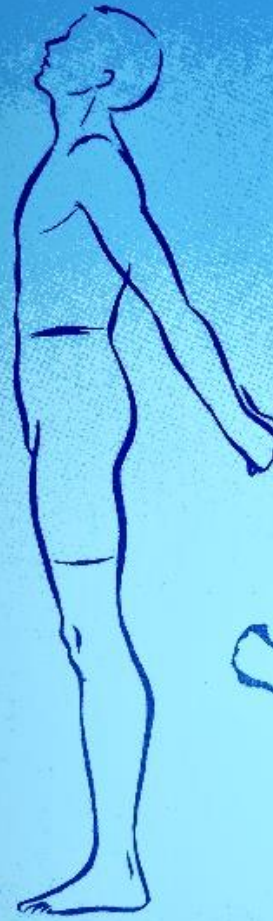


fig. 1



fig. 2